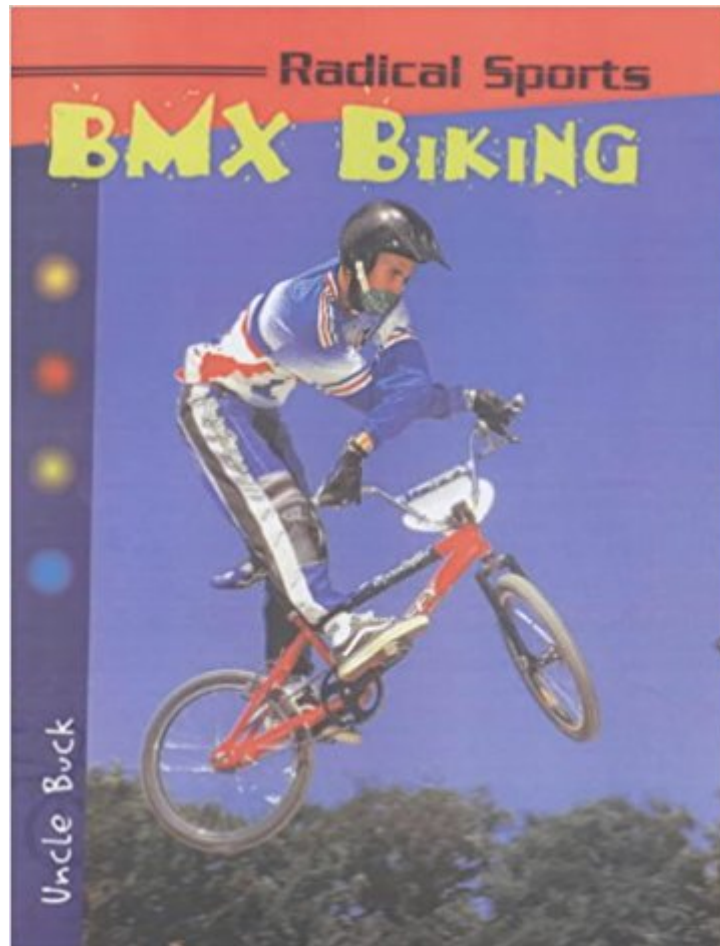




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# Radical Sports BMX Biking Hardback



## Synopsis

This guide to BMX biking is part of a series which looks at more unusual sports which are gaining in popularity. Each book in the "Radical Sports" series provides an introduction to the sport and discusses: how and when the sport started; the equipment needed - purchase and maintenance; simple skills; safety tips; keeping fit for the sport; associated clubs and governing bodies and details of competitions; and international stars and prestigious competitions associated with the sport.

## Book Information

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